



PRE-OPERATIVE INSTRUCTIONS

1. If you have been scheduled to have general anesthesia for your surgery it is essential that you **do not eat or drink anything for 8 hours before surgery**. Any liquid or solid food in your stomach during anesthesia can have life-threatening consequences. If you have accidentally eaten anything prior to surgery, inform the doctor immediately.
2. You must **bring a responsible adult who can drive you home**. You will be “groggy” for several hours after your surgery and unable to drive. If you have been given a prescription to take prior to surgery, make arrangements to be driven to the office. **Do not drive yourself**. Sedative medications can act quickly and seriously affect your driving ability.
3. **Wear loose fitting and comfortable clothing**. We recommend a short-sleeved shirt for ease in taking your blood pressure and applying monitors. A T-shirt, loose fitting pants and gym shoes are always a good choice.
4. Take care of financial arrangements, ask questions and use the restroom before surgery. You will be too sleepy to remember these things afterward.
5. **Call if you have any questions concerning these instructions or your scheduled appointment.**
6. While the thought of any surgery can be a little frightening, our patients usually find it to be a comfortable, pleasant and painless experience. Please let us know if there is anything that we can do to accommodate you.